

News from Rm12

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Issue #17

Last Week's Highlights

We have been challenged to do "2,018 Acts of Kindness" this year! This can be through sharing our talents, time or treasures with others in our community. Help us keep track of your great acts by tweeting at [@VHgives2018@viswrdsb!](https://twitter.com/VHgives2018) Watch us reach our goal by checking out our VH bulletin board where each act of kindness is being tracked on pieces of grid paper.

Our inaugural Math Night was a huge success! There was so much sharing and Math talk happening throughout the school. I believe the mouse and sphero coding component was the most popular!! It was so nice that many of our families could join us😊

Our "Mindful Minute Day" was a great way to remind us to take time to be still, to breathe, and to be grateful and kind to ourselves and others. The Grade 7 and 8 Spirit Squad did a fantastic job guiding each class through some useful breathing techniques and we took several moments throughout the day to be mindful!



Language Arts

We used our knowledge of the elements of procedures to write a procedure about how we made our "Best Dream Ever Potion"! We then used what we learned about effective advertising to create a commercial to sell our product to our classmates, and also designed new packaging for our potions using all of the gimmicks and tricks that advertisers use.



Mathematics

We have started learning about money! Grade 2s have been naming, counting and representing money amounts to \$1.00 and Grade 3s have been looking at bills up to \$10.00. We have been practising showing money in many ways (e.g., I have 46 cents in my wallet. What coins could I have?) Keep practising counting money at home and when you go on outings with your family😊



Physical Education

We have been learning techniques for throwing, catching, dribbling and shooting with basket balls in the gym. We have also been discussing the importance of knowing our limits and listening to our body when exercising. We have been practising getting our heart rate up then looking for clues that our body is in "exercise mode" (e.g., faster heartbeat, feeling hot and sweaty, trouble talking, tired muscles, etc.). In Health, we have been talking about Canada's Food Guide and the number of servings children should be eating from each food group.



Notes and Reminders

Valentine's Day Celebration - Feb. 14th

Report Cards come home - Feb. 16th

For students wishing to write Valentine's Cards for their classmates, I have created and shared with you a class list which contains all of our friends' names😊 Students will have a chance to hand out their messages on Valentine's Day (Feb. 14th)