

# A New Year's Vow

The start of yet another year,  
And I've made a New Year's vow,  
To spend more time with those I love,  
And to make the most of now,  
Time is precious and goes so fast,  
We're always in a hurry,  
We need to stop, enjoy the view,  
And spend less time on worry,  
We can't count on material things,  
For our happiness and health,  
Love and loyalty, family, friends,  
Are surely the greatest wealth.  
So as this fresh New Year begins,  
Let's all make a new year's vow,  
To spend more time with those we love,  
And make the most of now...



Think:

Setting goals or making resolutions for the New Year is a great way to help ourselves be the best we can be!

What are your goals or resolutions for the New Year?