Chili

Ingredients

2 lb. ground beef
2 onions
1 green pepper
4 cups of diced or crushed tomatoes
4 cups kidney beans
16 oz. tomato sauce
2 tbsp chili powder
tabasco sauce, salt and pepper to taste

Directions

- 1. Chop onions and green peppers and set them aside
- 2. Brown the hamburger and put into a pot
- 3. Fry the green peppers and onions in the leftover hamburger fat until they are translucent (You can see through them)
- 4. Toss the green peppers and onions into the pot with the hamburger
- 5. Add tomatoes, kidney beans, tomato sauce, chili powder, tabasco sauce, salt and pepper and bring the chili to a boil, then turn down and simmer for 45-60 minutes.