Mechanical Energy (grade 11 review)
Work $\quad W=F \Delta d$

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\text { Gravitational Potential Energy } \quad E_{g}=m g h
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Kinetic Energy $\quad E_{k}=\frac{1}{2} m v^{2}$

## Relating Energy to Work

1. How much work must be done to accelerate an 800 kg car from $15 \mathrm{~m} / \mathrm{s}$ to $30 \mathrm{~m} / \mathrm{s}$ ?
2. A hammer has a mass 2.0 kg and is moving horizontally at a speed of $4.0 \mathrm{~m} / \mathrm{s}$ when it strikes a nail, driving it 2 cm farther into piece of wood.
a. What was the kinetic energy of the hammer?
b. What is the average force exerted on the nail by the hammer?
3. $4,800 \mathrm{~J}$ of work is done on a 17 kg object by lifting it at a constant velocity in a vertical direction. What vertical displacement does the object undergo?

## Kinetic Energy

4. What is the kinetic energy of a rock of mass 12 kg sliding across ice at $2.0 \mathrm{~m} / \mathrm{s}$ ?
5. What is the speed of an electron in an accelerator, if it's mass is $9.1 \times 10^{-31} \mathrm{~kg}$ and its kinetic energy is $9.2 \times 10^{-18} \mathrm{~J}$ ?
6. How fast is a 1800 kg car travelling if it has 560 kJ of kinetic energy? If the energy doubles how fast is the car now travelling?

## Gravitational Potential Energy

7. If a 25 kg boy is at the top of a slide that is 4.5 m tall, what is the boy's gravitational potential energy with respect to the surface of the earth? What is his gravitational potential energy with respect to a point halfway down the slide?
8. What is the mass of an object that has 250 J of gravitational energy and is 12 m above the reference point.
